



Section: 200 — STUDENTS
 Title: Wellness
 Policy Number: 212
 Adopted: January 11, 2005
 Last Review Date: March 11, 2014
 Revised: June 13, 2017

GUIDE		REFERENCE
PURPOSE	To implement standards through the establishment of goals and guidelines regarding the nutrition, health and physical activity, and social-emotional wellness of students, families, staff and community in the Colonial School District.	
AUTHORITY	<p>Delaware Code, Title 14 - Education, §1049-Policy Making, Healthy, Hunger-Free Kids Act of 2010, Public Law 111-296.</p> <p>Delaware Code, Title 14 - Education, Section 503 - Instructional Program Requirements.</p> <p>Delaware Code, Title 14 - Education, Section 851 - K to 12 Comprehensive Health Education Program.</p>	
DELEGATION OF RESPONSIBILITY	The Superintendent and/or designee is empowered to administer the provisions of this policy.	
POLICY STATEMENT	<p>The Colonial School District shall provide programs, training, and activities designed to support the wellness of students, families, staff, and community.</p> <p>The District will:</p> <ul style="list-style-type: none"> • Establish goals for nutrition education, health and physical activity, and social-emotional well-being based on evidence-based strategies and designed to promote student, family, and staff wellness. • Implement nutrition standards for all foods and beverages sold and offered to students during the school day with the objective of promoting healthy eating and participation in school meal programs, in accordance with United States Department of Agriculture (USDA) regulations. • Promote school-based nutrition standards, consistent with federal guidelines and lifelong physical activity. 	



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- Develop partnerships with the community and organizations that provide resources, services, and education focused on effective social-emotional, physical, and nutritional programming.
- Establish health and physical education programs/activities that meet or exceed the state and federal standards.
- Establish social-emotional support and services to students at all grade levels and at all schools.
- Develop a wellness plan with school and community participation.
- Monitor, evaluate, and publicly report the effectiveness of the District's Wellness Plan. Evaluation should occur, at a minimum, every three years. Reporting should occur annually.

This policy was developed in compliance with federal and state regulations in collaboration with the District Wellness Committee.